



Covenant
FOUNDATION
Youville Home

Multipurpose Room and Greenhouse Project

We're growing

Covenant Foundation is pleased to support improvements at Covenant Health's Youville Home in St. Albert to include a multipurpose and four-season greenhouse space.

With the support of community members like you, we're raising \$1 million to fund the expansion. Your contributions will mean residents have additional space for reflection, group activities, visiting space, and access to gardening and additional recreation therapy year-round!

We're looking for individual donors, businesses and service groups willing to contribute to ensuring residents have space to live to their fullest capacity, active and connected at Youville Home.

We invite you to be a part of enhancing care in your community.

Patrick Dumelie
CEO, Covenant Health

Ron Gilbertson
Board Chair, Covenant Foundation
Director, Covenant Health Board



780-342-8126 | covenantfoundation.ca

Laughter & living

Youville Home is exactly that—a home, where the sounds of laughter and living fill the hallways. Residents and their families spend time together, visiting, playing games and enjoying activities that provide meaning and quality of life.

With the addition of the Sigs Daycare program, we have infused activities at Youville Home with the vibrancy of children, as they engage with residents, reading and singing, bringing a renewed sense of energy and excitement.

As the community of St. Albert continues to evolve and change over time, so does the community of people living at Youville Home. Our residents range from 24 to 104 years of age, and their needs are broad and varied. That's why we need your help. With the planned expansion, residents will have access to a range of therapies, year round. The new flexible space will expand current programming and improve access to better enjoy the outdoors. Multigenerational activities such as a gardening club and baking programs will provide both residents and daycare children experiences that will give a renewed sense of purpose, wellbeing and increased happiness.

Cecilia Marion
Senior Director of Operations
Youville Home



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Youville Home today

Living space

Like any long-serving infrastructure, times have changed and the building needs to change with it.

- An increased number of residents with wheelchairs and walkers means fewer people fit in spaces designed years ago when fewer residents required mobility aids.
- Programming and therapies have evolved to feature music, art and gardening—activities that require more and/or specialized spaces.
- Adequate space in rooms allows for visitors, but doesn't accommodate larger families.
- Using the fireplace at the entrance as a lounge area presents risks for exit-seeking in residents suffering dementia and other ailments, not to mention the constant drafts from opening doors.



With your help, and with recent understanding of residents' needs for a healthy and happy life, Youville Home is positioned to continue its history of service in the community.

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We are excited by the opportunity to create a new amenity for the residents - something that will be a pleasant, positive part of day-to-day life at Youville Home.”

ONPA Architects

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With the increase in space, these programs will give residents a renewed sense of purpose, a way to express themselves, especially those with speech problems, it will give them control and just, really, make them happier...”

Recreation Asst. Don Noon

An anchor of the expansion is the year-round greenhouse space. Youville Home's garden programming is based on research showing a link between access to plants and an increase in spiritual, mental and emotional well-being. Gardening and access to green spaces has many therapeutic benefits including:

- it's an enjoyable form of exercise that increases levels of physical activity and helps mobility and flexibility; and
- it encourages the use of motor skills, reduces stress levels, and improves well-being and social interaction.

As an added benefit, it also increases the availability of fresh produce for residents.

Enhanced quality of life

Opportunity

planning Space for more living

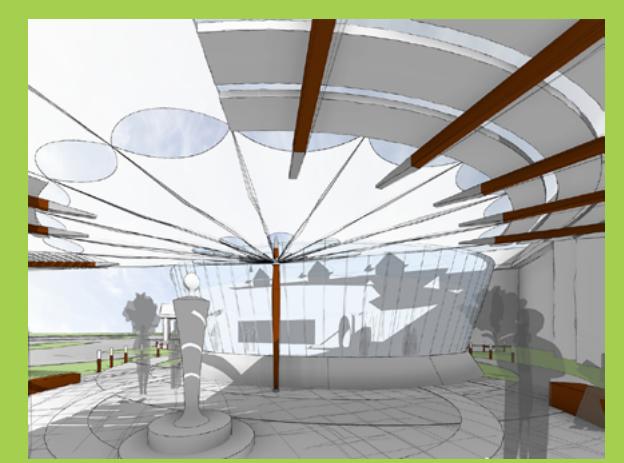


The 1000 sq. ft. expansion, situated just off the auditorium, will have large doors to accommodate wheelchairs and walkers. The space will allow for larger entertainment performances, resident gatherings, and activity programming, including year-round gardening. When not being used for larger gatherings the multipurpose space is designed to invite relaxation and reflection. It will be a warm and welcoming space for residents to receive visitors and socialize.

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The goal is to create a place that is welcoming, comfortable, peaceful & cheerful. A space that is bright & open, that is inviting to residents, visitors & staff, and that fosters flexibility in its use. The design vision works with gentle, curving organic forms and generous glazing to provide natural light & views, and to encourage the feeling of a place that bridges inside & outside space.”

-ONPA Architects



impact



“ The therapeutic benefits of gardening are endless, enhancing the quality of life of our residents as they partake in the planting and harvesting of fresh vegetables and watching as flowers they've planted bloom.”

Senior Director of Operations, Cecilia Marion

“ The new space will be so important. It'll be a chance for people to connect and to maintain their connections to each other. They'll be able to hold card games, do puzzles, just sit and enjoy a cup of coffee—plus all the scheduled activities we'll have space for!”

LPN C. Billows



“ That's my family. They come visit, but usually it's just my wife. She still lives in our home in St. Albert. She brings me soup.

I used to love to hunt and fish, just being outside was a joy. One winter I even made myself an entire pair of mukluks by hand. Stitched every piece together myself. It took me the entire winter! That's why I enjoy the gardening club. Especially Don, he runs the club. Gardening gives us something to do. It's important. I've been helping with the transplanting and gardening for six years now; there's something about the smell of good dirt on your fingers.”

Dennis Cockwill
Resident @ Youville

meet a resident

resident programming

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The expanded space will serve as much more than just a year-round garden; it will give many residents a renewed sense of purpose and control of their lives. They will feel like valued and contributing members of the place they call home.”

Senior Director of Operations, Cecilia Marion

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The therapies group here is looking forward to planning so many more activities with the space—in addition to giving residents access to gardening year-round!”

Recreation Assistant, Don Noon

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Imagine the entertainment and events we can plan! We'll be able to have all the residents and their families together, as one community.”

LPN C. Billows

Called to serve

Covenant Health is one of Canada's largest Catholic providers of a broad range of health care services in hospitals and healthcare centres in urban and rural communities across the province.

Covenant Health builds on a 155-year legacy of our founding congregations of Sisters, who began their work at the site of the current Youville Home in St. Albert in 1863. These courageous women laid the foundation of Alberta's healthcare system, responding to the everyday needs of communities and the unmet needs of the sick and dying, caring for the whole person—body, mind and soul.

Called to serve those most vulnerable, we are a trusted partner in leading programs that have a significant health impact for Albertans. We help to transform the system as innovators and pioneers—bridging gaps, addressing unmet needs and working to bring those at the margins into community.



**Covenant
Health**

Join the cause

We need your leadership and commitment to community. Join us in expanding Youville Home for its 233 residents of all ages and backgrounds by adding your support to this \$1 million campaign.

Recognition opportunities exist. Contact us today to discuss the possibilities unique to your gift.

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Covenant Foundation partners with the community to support Covenant Health, Covenant Care and Covenant Living sites across Alberta. We invest in transforming health care and helping to create vibrant communities of health and healing.

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